

Cardiovascular Screening and Intensive Behavioral Therapy for Cardiovascular Disease

8/2/2023

Today's Presenters

- Jhadi Grace
 - Provider Outreach and Education Consultant



NGS PROVIDER EXPERIENCE
Innovation | Education | Collaboration



Disclaimer

National Government Services, Inc. has produced this material as an informational reference for providers furnishing services in our contract jurisdiction. National Government Services employees, agents, and staff make no representation, warranty, or guarantee that this compilation of Medicare information is error-free and will bear no responsibility or liability for the results or consequences of the use of this material. Although every reasonable effort has been made to assure the accuracy of the information within these pages at the time of publication, the Medicare Program is constantly changing, and it is the responsibility of each provider to remain abreast of the Medicare Program requirements. Any regulations, policies and/or guidelines cited in this publication are subject to change without further notice. Current Medicare regulations can be found on the [CMS website](#).



Recording

Attendees/providers are never permitted to record (tape record or any other method) our educational events. This applies to webinars, teleconferences, live events and any other type of National Government Services educational events.

Objective

- Understand the Medicare coverage and billing guidelines for cardiovascular screening blood tests and IBT for CVD
- Encourage and educate beneficiaries to take advantage of life-saving preventive services and screenings
- Avoid claim denials by billing correctly and properly documenting services

Agenda

Overview of Medicare's preventive services program

Cardiovascular screening blood tests

IBT for CVD

Resources and references

Questions and answers

Did You Know...

- A beneficiary must be enrolled in Medicare Part B in order to be covered for any Medicare preventive services

Preventive Services Overview

- Medicare pays for many preventive benefits
- Preventive services support the health of Medicare beneficiaries by:
 - Educating about potentially life-saving services and screenings
 - Early detection and/or prevention of diseases
 - Assisting with/suggesting lifestyle modifications

Polling Question #1

- What is your role in the Medicare Program for your facility?
 - Biller
 - Clinician
 - Intake/admissions
 - Compliance
 - Administrator

Polling Question #2

- How experienced are you with documenting and/or billing Medicare preventive services?
 - This is all new to me!
 - I am semi-comfortable but ready to learn more
 - I am pretty comfortable but will benefit from session as a refresher course

Cardiovascular Disease (CVD) Screening Blood Tests

Types of CVD

- Hypertension
- Coronary heart disease
- Congestive heart failure
- Stroke
- Congenital cardiovascular defects
- Hardening of the arteries

Background

- Sections 612 of the MMA provides coverage of specific cardiovascular screening blood tests
 - Effective for DOS on/after 1/1/2005

Benefits of Cardiovascular Screening Blood Tests

- Early detection of CVD
- Determination of beneficiary's cholesterol and other blood lipid levels

CVD Risk Factors

- Diabetes
- Family history of cardiovascular disease
- Diets high in saturated fats, cholesterol, and salt or sodium
- History of previous heart disease
- Hypercholesterolemia (high cholesterol)
- Hypertension

CVD Risk Factors

- Lack of exercise
- Obesity
- Excessive alcohol use
- Smoking
- Stress

Who Is Covered

- Beneficiary with no apparent signs or symptoms of CVD
 - Asymptomatic
 - Not necessary to have risk factor

CVD Screening Blood Tests

- Total cholesterol test
- Cholesterol test for HDL
- Triglycerides test
 - Beneficiary must fast for 12 hours prior to testing

Frequency of Cardiovascular Screening Blood Test Benefit

- Every five years
 - At least 59 months have passed since last screening tests
 - Regardless of whether test provided in a panel or separately

Who Can Perform

- Physician
- Qualified NPP
 - NP
 - PA
 - CNS

Documentation

- Tests ordered by physician or qualified NPP
- Asymptomatic beneficiary
- Beneficiary fasted for 12 hours prior to testing
- Frequency guidelines met
- Appropriate supporting procedure, diagnosis codes

Billing Requirements

- Report appropriate diagnosis code
- Line-item billing for CVD screening
 - Revenue code 030X/031X
 - Appropriate CPT code
 - One (1) unit

Diagnosis Codes

ICD-10-CM Code	Description
Z13.6	Encounter for screening for cardiovascular disease
CPT Codes	Description
80061	Lipid panel (must include 82465, 83718 & 84478)
82465 QW	Cholesterol, serum or whole blood, total
83718 QW	Lipoprotein, direct measurement; HDL cholesterol
84478 QW	Triglycerides

Modifier QW

- Ensures Medicare payment for lab test categorized as waived complexity under CLIA
 - FDA determines which lab tests are waived
- Modifier QW submitted in first modifier field

Type of Bills (TOBs)

TOB	Facility Type
12X	Hospital inpatient Part B, including CAH
13X	Hospital outpatient
14X	Hospital non-patient laboratory specimens, including CAH
22X	SNF inpatient Part B
23X	SNF outpatient
77X	FQHC*
85X	CAH outpatient

Billing/Reimbursement for FQHCs

- CVD screening does not qualify as stand-alone billable encounter
 - Report screening as incident to billable encounter
 - If only service performed on DOS, do not submit claim
- Reimbursement included in PPS payment

Reimbursement

Facility Type	Reimbursement
Hospital inpatient, including CAH Hospital outpatient Nonpatient laboratory specimens, including CAH	CLFS
SNF inpatient SNF outpatient	CLFS
CAH outpatient Method I CAH outpatient Method II	101% of reasonable cost for technical component
CAH outpatient Method II	115% of MPFS non-facility rate for professional component
FQHC	Included in PPS

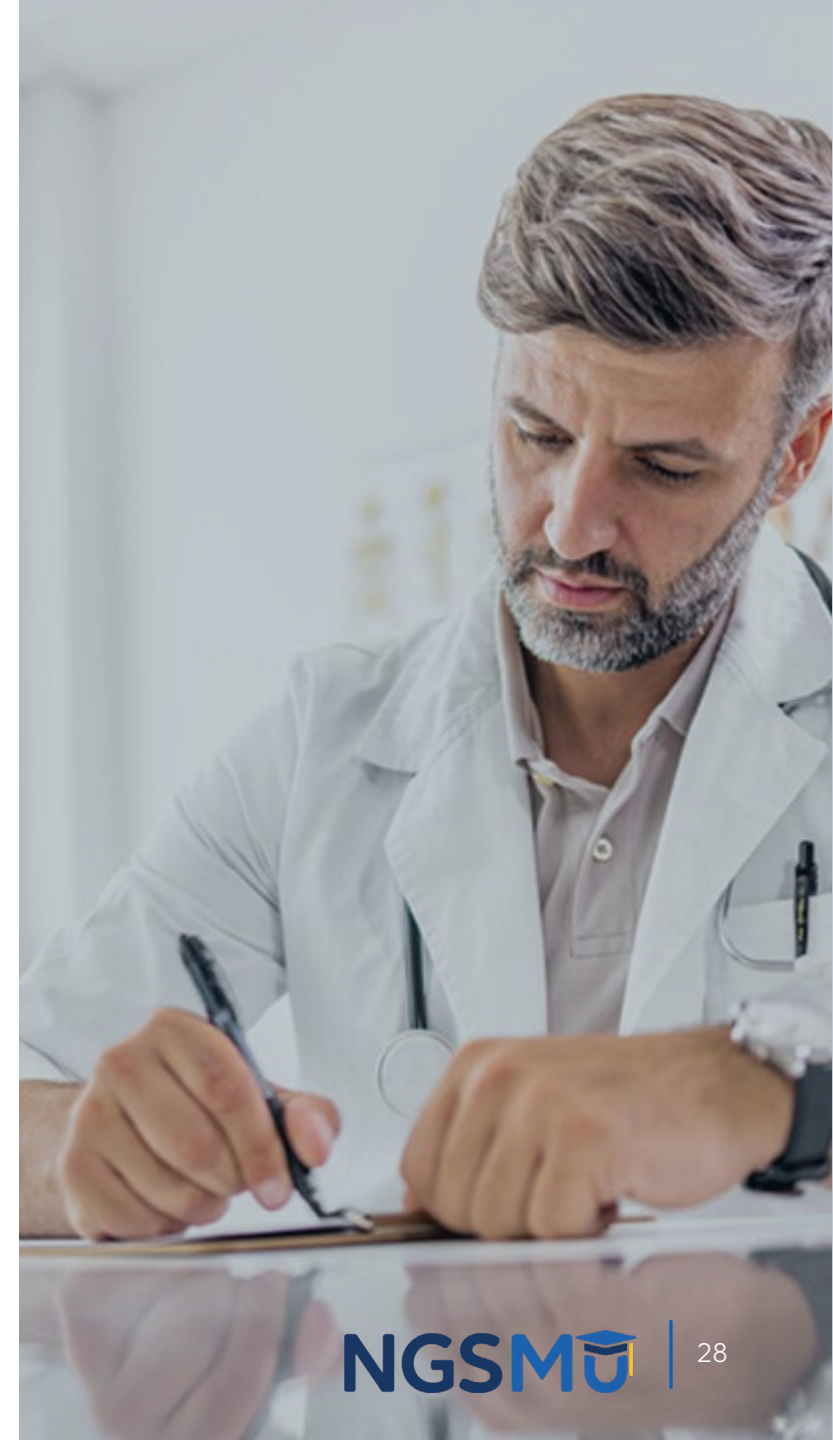
Beneficiary Cost-Sharing

- Affordable Care Act Section 4104
 - Deductible waived
 - Coinsurance/copayment waived

HIQACOP CWF PART A INQUIRY REPLY PAGE 06 OF 15
IP-REC CN NM XXXXXX IT J DB 08161391 SX F INT 13201

PREVENTIVE SERVICE	TECH DTE	PROF DTE	PREVENTIVE SERVICE	TECH DTE	PROF DTE
	MMDDCCYY	MMDDCCYY		MMDDCCYY	MMDDCCYY
CARDIOVASC (80061)	01012005	01012005	PCB EXAM (G0101)	07012001	07012001
CARDIOVASC (82465)	01012005	01012005	PV 90732,90669,90670	VACCINTD	VACCINTD
CARDIOVASC (82718)	01012005	01012005	PROSTATE (G0102)	GDRNOELG	GDRNOELG
CARDIOVASC (84478)	01012005	01012005	PROSTATE (G0103)	GDRNOELG	GDRNOELG
COLORECTAL (G0104)	01011998	01011998	PAP TEST (Q0091)	07012005	07012005
COLORECTAL (G0105)	01011998	01011998	DIABETES (82947)	05012012	01012005
COLORECTAL (G0106)	01011998	01011998	DIABETES (82950)	01012005	01012005
COLORECTAL (G0120)	01011998	01011998	DIABETES (82951)	01012005	01012005
COLORECTAL (G0121)	07012001	07012001	GLAU (G0117,G0118)	01012002	01012002
FOB TEST (G0107)	01011998	01011998	MAMM (G0202,G0203)	04012001	08012002
FOB TEST (G0328)	01012004	01012004	MAMM (76092)	01011998	08012002
FOB TEST (82270)	01012007	01012007	MAMM (77057)	01012007	01012007
IPP EXAM (G0344)	SRVNOELG	SRVNOELG	PAPT (P3000,G0123,	07012001	07012001
IPP EXAM (G0366)	SRVNOELG	SRVNOELG	G0143,G0144,		
IPP EXAM (G0367)	SRVNOELG	00000000	G0145,G0147,		
IPP EXAM (G0368)	00000000	SRVNOELG	G0148)		

PF1=INQ SCREEN PF3/CLEAR=END PF7=PREV PF8=NEXT



Why Cardiovascular Screening Claims Are Denied

- Invalid/insufficient documentation
- Service provided more than once in a 60-month period
 - CARC 119/RARC N362

IBT for CVD

Background

- Coverage of IBT for CVD effective for DOS on/after 11/8/2011
 - Also referred to as a CVD risk reduction visit

Three Components of IBT for CVD

- Encouraging use of aspirin for CVD prevention when benefits outweigh risks
 - Men aged 45-79
 - Women aged 55-79
- Screening for high blood pressure
 - Adults over 18 years of age
- Intensive counseling to promote healthy diet for people with risk factors

"5A" Approach

- Assess behavioral health risks
- Advice about behavior changes
- Agree with appropriate treatment goals and methods
- Assist in achieving goals
- Arrange ongoing support, adjustment to treatment plan

Who is Covered

- Beneficiary competent and alert at time of service
- Provided in primary care setting

Primary Care Settings

- Physician's offices
- Outpatient hospital
- Independent clinic
- State or local public health clinic

Who Can Perform

- Primary care physician
- Primary care practitioner
 - NP
 - CNS
 - PA

Frequency of IBT for CVD

- Annual benefit
 - At least 11 full months have passed

Documentation

- Qualified physician performed IBT
- Qualified primary care setting
- Frequency requirements met

Billing Requirements

- Report appropriate diagnosis code
 - No specific diagnosis code listed
- Line-item billing for IBT for CVD
 - Appropriate revenue code
 - HCPCS code G0446
 - ✓ Intensive behavioral therapy to reduce cardiovascular disease risk, individual, face-to-face, annual, 15 minutes
 - One (1) unit

TOBs

TOB	Facility Type
13X	Hospital outpatient
71X	RHC*
77X	FQHC*
85X	CAH

Billing/Reimbursement for RHCs/FQHCs

- IBT for CVD does not qualify as stand-alone billable encounter
 - Report screening as incident to billable encounter
 - If only service performed on DOS, do not submit claim
- Reimbursement included in AIR/PPS payment

Payment

Facility Type	Payment
Hospital outpatient	OPPS
RHC	Included in AIR
FQHC	Including in PPS
CAH Method I CAH Method II	101% of reasonable cost for technical component
CAH Method II	115% of MPFS non-facility rate for professional component

Beneficiary Cost-Sharing

- Affordable Care Act Section 4104
 - Deductible waived
 - Coinsurance/copayment waived

Why IBT for CVD Claims Are Denied

- Service was rendered in inappropriate setting
 - CARC 58, RARC N428
- Provider not eligible to perform service billed
 - CARC 185, RARC N95
- Service provided more than once in a 12-month period
 - CARC 119, RARC N362

HIQACOP

CWF PART A INQUIRY REPLY
BEHAVIORAL SERVICES

PAGE 13 OF 15

IP-REC CN NM XXXXXX IT J DB 08161391 SX F INT 13201

ALCOHOL ABUSE: (G0442) NEXT ELIG PROF: 10/14/2011

REM

ALCOHOL SCREENING: (G0443) NEXT ELIG PROF: SVCNOELG 00

ADULT DEPRESSION: (G0444) NEXT ELIG TECH: 10/14/2011

NEXT ELIG PROF: 10/14/2011

IBT FOR CVD: (G0446) NEXT ELIG TECH: 11/08/2011

NEXT ELIG PROF: 11/08/2011

REM

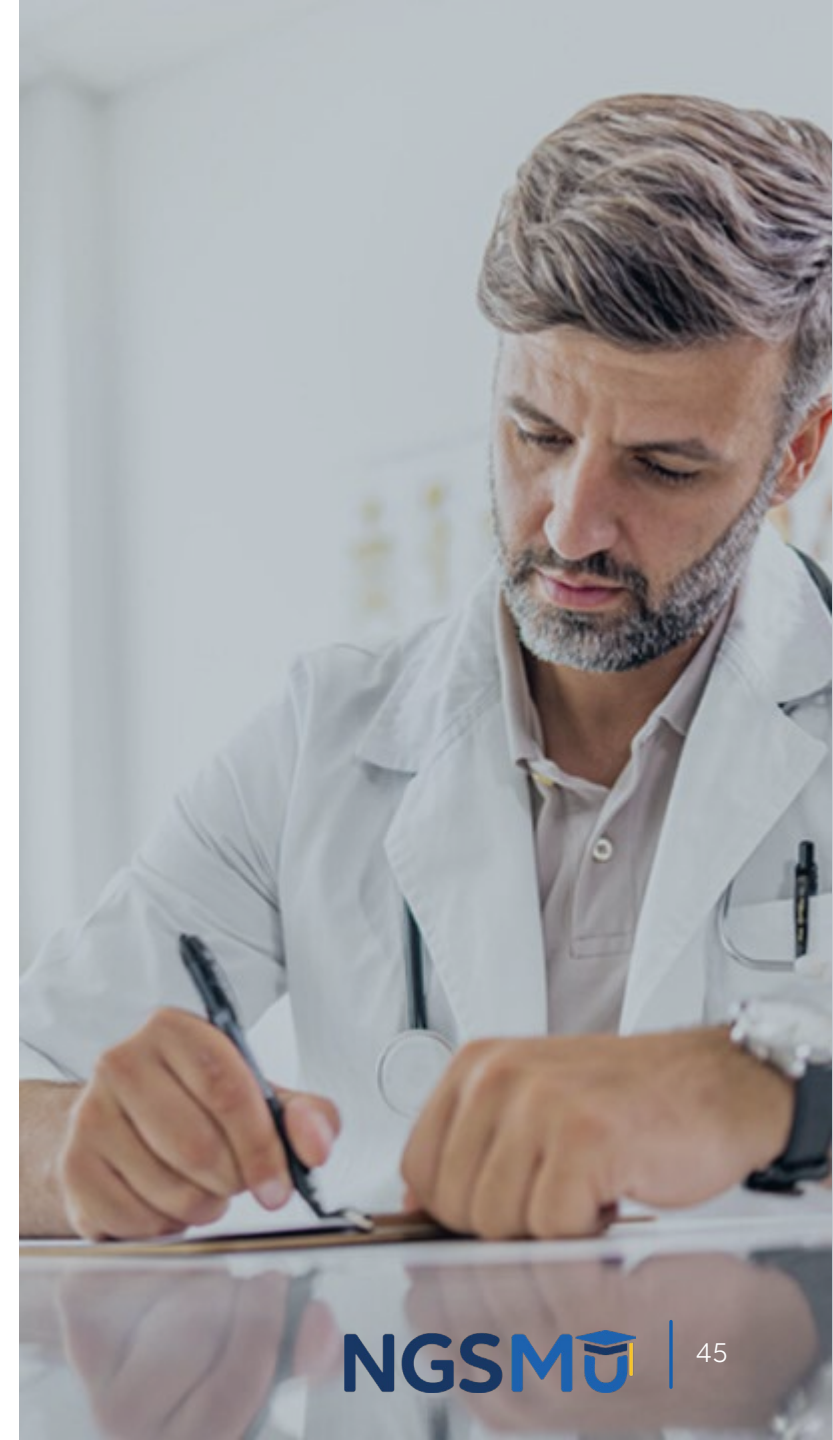
OBESITY: (G0447) NEXT ELIG TECH: 11/29/2011 22

NEXT ELIG PROF: 11/29/2011 22

OBESITY: (G0473) NEXT ELIG TECH: 01/01/2015 22

NEXT ELIG PROF: 01/01/2015 22

PF1=INQ SCREEN PF3/CLEAR=END PF7=PREV PF8=NEXT



What You Should Do Now...

- Share this presentation with internal staff members
- Talk to your patients about the importance of taking advantage of Medicare preventive services
- Update system with correct coding information
- Update any internal procedure to avoid costly, time-consuming claim errors

References, Resources and Wrap Up

Resources

- [Preventive Services Interactive Tool](#)
- [MLN Article MM3411, "MMA-Cardiovascular Screening Blood Tests"](#)
- [CMS IOM Publication 100-03, *National Coverage Determinations \(NCD\) Manual*, Section 210.11 – Intensive Behavioral Therapy for Cardiovascular Disease \(CVD\)](#)
- [CMS IOM Publication 100-04, *Medicare Claims Processing Manual*, Chapter 18 – Preventive and Screening Services](#)
 - Section 100, Cardiovascular Disease Screening
 - Section 160, Intensive Behavioral Therapy (IBT) for CVD

Thank You!

- Follow-up email
 - Attendees will be provided a Medicare University Course Code
- Questions?
- [Follow Us](#)



