



Wellness Wednesday: Screening and Behavioral Counseling Interventions to Reduce Alcohol Misuse

September 13, 2023





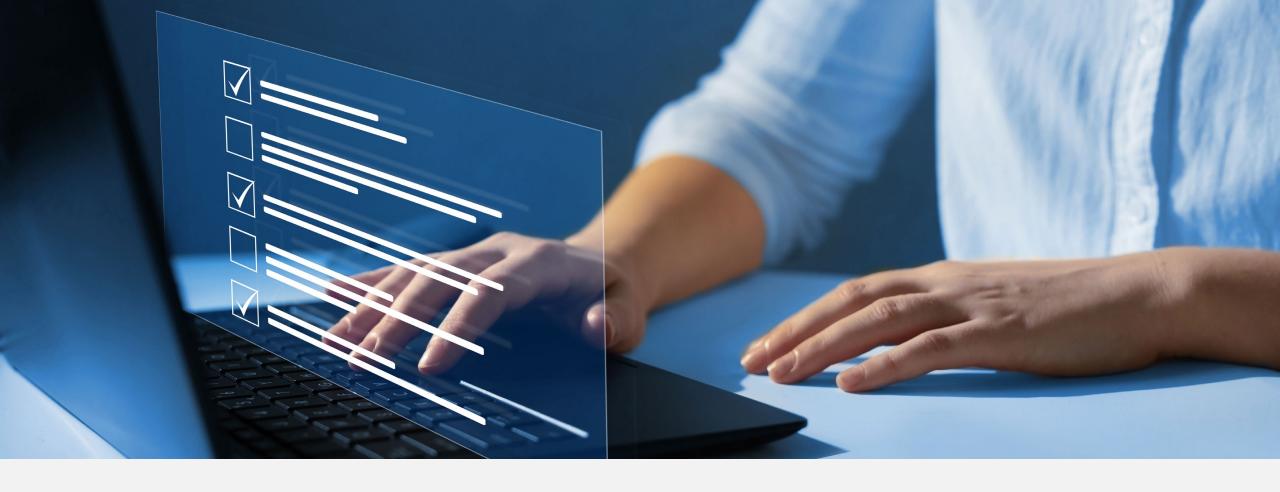
Today's Presenter



- Jhadi Grace
 - Provider Outreach and Education Consultant





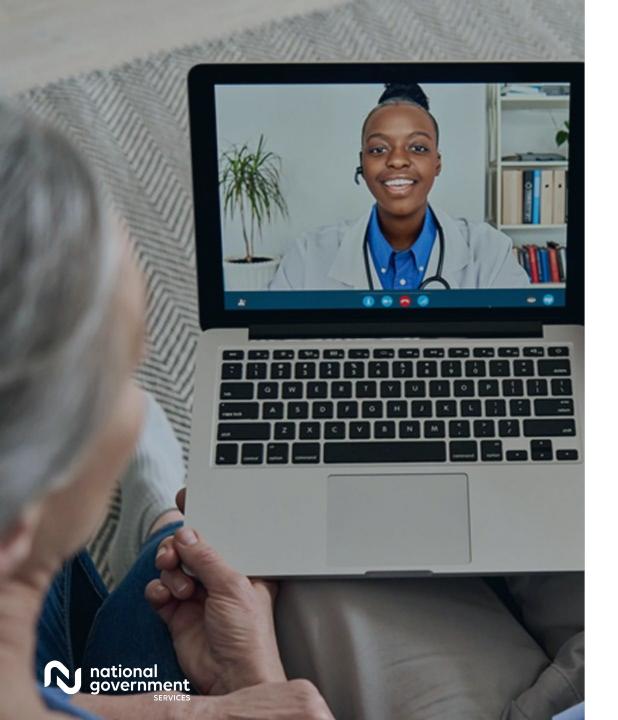


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Objective

- Provide an overview of screening and behavioral counseling interventions to reduce alcohol misuse
- Encourage providers to promote and educate beneficiaries in life-saving preventive services and screenings
- Assist providers in billing to avoid claim denials



Agenda

Overview of Medicare's Preventive Services Program

Screening and behavioral counseling interventions to reduce alcohol misuse

Resources and references

Questions and answers







Overview of Medicare's Preventive Services Program

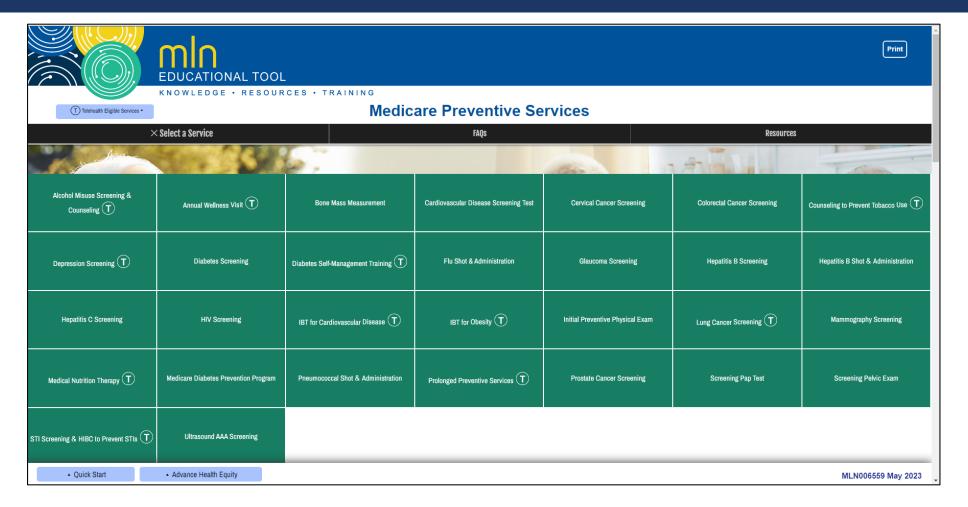
Preventive Services Overview

- CMS recognizes the importance of disease prevention, early detection and lifestyle modifications supporting the health of Medicare beneficiaries
- Medicare pays for many preventive benefits
- Preventive services support the health of Medicare beneficiaries by
 - Educating about potentially life-saving services and screenings
 - Early detection and/or prevention of diseases
 - Assisting with/suggesting lifestyle modifications





Medicare Preventive Services







Deductible and Coinsurance Waived for Certain Preventive Services

- For DOS on or after 1/1/2011
 - Medicare deductible and coinsurance waived for preventive services included in this presentation
 - <u>CR 7012</u>, "Waiver of Coinsurance and Deductible for Preventive Services, Section 4104 of Patient Protection and Affordable Health Care Act, Removal of Barriers to Preventive Services in Medicare"





Did You Know

 A beneficiary must be enrolled in Medicare Part B to be covered for any Medicare preventive services





Polling Question One

- What is your role in the Medicare Program for your facility?
 - Biller
 - Clinician
 - Intake/admissions
 - Compliance
 - Administrator





Polling Question Two

- How many years of Medicare experience do you have?
 - I am new to Medicare
 - 1–5 years
 - 6-10 years
 - Over 10 years





Polling Question Three

- How experienced are you with performing, documenting, and/or billing Medicare preventive services?
 - This is all new to me!
 - I am semi-comfortable but ready to learn more
 - I am pretty comfortable but will benefit from this as a refresher course





Screening and Behavioral Counseling Interventions to Reduce Alcohol Misuse

Background

- Per CR 7633, Medicare covers screening and behavioral counseling interventions to reduce alcohol misuse
 - Effective for DOS on or after 10/14/2011





Benefits of Screening and Behavioral Counseling Interventions

- Early detection of potential alcohol misuse
- Prevention of alcohol dependence
- Prevention of alcohol-related disease and illness
 - Liver disease, cancer, heart problems
- Reduction in/abstinence from alcohol consumption





Coverage

- Medicare benefit to reduce alcohol misuse
 - Two parts to benefit
 - ✓ Annual screening (all beneficiaries)
 - ✓ Behavioral counseling intervention (when criteria met)
 - Must be rendered by qualified primary care physician or practitioner in primary care setting
 - No specific alcohol misuse screening tool required



Commonly Used Alcohol Misuse Screening Questionnaires

For adults

- AUDIT (Alcohol Use Disorders Identification Test)
- CAGE (Cut down, Annoyed, Guilt, Eye-opener)
- MAST (Michigan Alcohol Screening Test)
- AUDIT-C (AUDIT-Consumption)
- For pregnant women
 - T-ACE (Tolerance Annoyed, Cut down, Eye-opener)
 - TWEAK (Tolerance, Worried, Eye-opener, Amnesia, K/Cut down)



Alcohol Dependence

- Defined as at least three of the following
 - Tolerance
 - Withdrawal symptoms
 - Impaired control
 - Preoccupations with acquisition and/or use
 - Persistent desire or unsuccessful efforts to quit
 - Sustained social, occupational, or recreational disability
 - Continuous use despite adverse consequences



Alcohol Misuse

- Covers wide spectrum of unhealthy drinking behaviors
 - Risky or hazardous drinking
 - ✓ Defined for general adult population as
 - >7 drinks per week or >3 drinks per occasion for women
 - >14 drinks per week or >4 drinks per occasion for men
 - Harmful drinking
 - ✓ Physical, social or psychological harm from alcohol use, but does not meet criteria for dependence





Coverage – Behavioral Counseling Interventions

- Covered when patient screened positive for alcohol misuse but not alcohol dependence
- Up to four, brief, face-to-face behavioral counseling interventions covered per year
- Patient must be competent and alert during counseling
- Counseling furnished by qualified primary care physician or other primary care practitioner in primary care setting





Behavioral Counseling Interventions to Prevent Alcohol Misuse

- Counseling must be consistent with 5A approach
 - Assess behavioral health risks
 - Advice about behavior changes
 - Agree with appropriate treatment goals and methods
 - Assist in achieving goals
 - Arrange ongoing support, adjustment to treatment plan





Who is Covered

- Alcohol misuse screening
 - All Medicare beneficiaries
- Behavioral counseling intervention
 - Beneficiaries who screen positive for alcohol misuse
 - ✓ Level or patterns of alcohol consumption do not meet criteria for alcohol dependence
 - Competent and alert at time of counseling
 - Provided in primary care setting





Primary Care Settings

- Physician's office
- Outpatient hospital
- Independent clinic
- State or local public health clinic
- FQHC
- RHC





Not Primary Care Settings

- Ambulatory surgical center
- Emergency department
- Hospice
- Independent diagnostic testing facility
- Inpatient hospital
- Inpatient rehabilitation facility
- Skilled nursing facility





Telehealth

- Use of telecommunications technology that have audio and video capabilities that are used for two-way, real-time interactive communication
 - CMS IOM Publication 100-04, Chapter 12, Medicare Claims Processing Manual, Section 190
- Must be provided by qualified telehealth provider
 - Physicians and certain NPPs (NP, PA, CNM)
 - Other practitioners, such as CNAs, LCSWs, CPs, within scope of practice and consistent with Medicare benefit rules



Telehealth

 Benefit limits place of service to beneficiary in designated rural area and only certain providers qualified as originating site





Not Telehealth

- Virtual check-in
 - Pays professionals for brief (5-10 min) communications
 - Mitigates need for in-person visit
- E-visit
 - Beneficiary communicates with doctors through online patient portals





1135 Waiver Due to COVID-19

- Effective for DOS 3/6/2020 through 12/31/2024
 - Telehealth visits considered same as in-person visits and paid at same rate as regular, in-person visits
 - People with Medicare can access telehealth services in any geographic area in the United States, rather than only in rural areas
 - People with Medicare can stay in their homes for telehealth visits that Medicare pays for rather than traveling to a health care facility
 - Certain telehealth visits can be delivered using audio-only technology (such as a telephone) if someone is unable to use both audio and video (such as a smartphone or computer)
 - Providers can reduce or waive Medicare coinsurance and deductible for telehealth visits

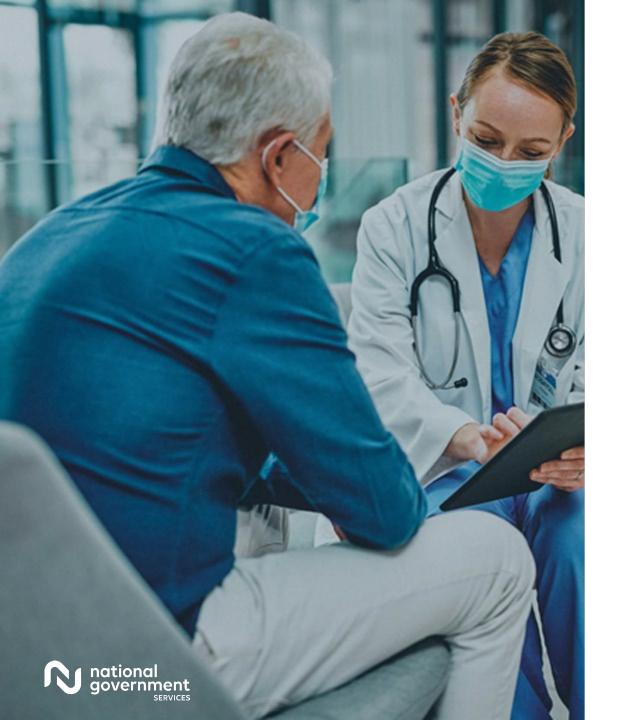


CMS Telehealth References – COVID-19

- Medicare Telemedicine Health Care Provider Fact Sheet
- COVID-19 Frequently Asked Questions (FAQs) on Medicare Fee-for-Service (FFS) Billing
- CMS Waivers, Flexibilities, and the End of the COVID-19 Public Health Emergency
- List of Telehealth Services







Who Can Perform

- Primary care physician
- Primary care practitioner
 - NP
 - CNS
 - PA

Frequency of Screening/Counseling

- Alcohol misuse screening
 - Covered annually
 - ✓ Once every 12 months
 - At least 11 full months have passed since last covered alcohol misuse screening
- Behavioral counseling intervention
 - Up to four in 12-month period





Nationally Noncovered Indications

- Alcohol screening when performed more than one time in 12-month period
- Brief face-to-face behavioral counseling interventions when performed more than once a day (two on same day)
- Brief face-to-face behavioral counseling interventions when performed more than four times in 12-month period





Documentation

- Must show all coverage requirements met
- Identify screening tool, results





TOBs and Revenue Codes

Facility	ТОВ	Revenue Code
Hospital outpatient	13X	As appropriate
CAH	85X	As appropriate
RHC	71X	As appropriate
FQHC	77X	As appropriate



Claim Coding

- HCPCS codes
 - G0442: Annual Alcohol Misuse Screening, 15 minutes
 - G0443: Brief face-to-face behavioral counseling for Alcohol Misuse, 15 minutes
- Diagnosis code
 - Must be reported but no specific diagnosis code required for coverage
 - Only ICD-10 codes accepted



Billing Guidelines

- Both screening (G0442) and counseling (G0443) can be covered on same
 DOS
- No more than one G0443 service can be paid for per DOS
- No payment for additional time spent in screening or counseling
 - No start/stop times required in documentation



Additional Instructions for RHC

- Alcohol abuse screening qualifies as stand-alone billable encounter
- If only service on DOS, report modifier CG with the screening HCPCS code
 - Claim generates AIR payment
- Report screening as incident to when performed on same DOS as billable encounter
 - Does not generate additional payment, reimbursement included in AIR payment





Additional Instructions for FQHC

- Alcohol abuse screening qualifies as stand-alone billable encounter
- If only service on DOS
 - Report payment code with 052X revenue code
 - Report screening on qualifying HCPCS code line
 - Claim generates PPS payment
- Report screening as incident to when performed on same DOS as billable encounter
 - Does not generate additional payment, reimbursement included in PPS payment



Payment

Facility	Payment
Hospital outpatient	OPPS
RHC	AIR
FQHC	PPS
CAH Method I	101% reasonable cost TC
CAH Method II	Plus 115% MPFS nonfacility rate PC



Beneficiary Cost-Sharing

- Affordable Care Act Section 4104
 - Deductible waived
 - Coinsurance/copayment waived





Why Claims are Denied

- Covered screening in past 12 months
- Behavioral counseling without screening
- More than four behavioral counseling intervention session in last 12 months
- More than one behavioral counseling intervention on same DOS
- Services provided outside primary care setting or not furnished by qualified professional



BMM Information on CWF

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What You Should Do Now

- Share this presentation with other internal staff members
- Talk to your patients about importance of taking advantage of Medicare preventive services
- Update system with correct coding information
- Update any internal procedures to include verifying patient's eligibility to receive preventive services





Resources and References

CMS Resources

- Internet-Only Manuals (IOMs) web page
 - Regulations and Guidance > Manuals > Internet-Only Manuals (IOMs)
- National Coverage Determinations <u>Medicare Coverage Database</u>





CMS Internet-Only Manuals

- Publication 100-03, Medicare National Coverage Determinations Manual,
 Part 4
 - Section 210.8 Screening and Behavioral Counseling Interventions in Primary Care to Reduce Alcohol
- Publication 100-04, Medicare Claims Processing Manual, Chapter 18
 - Section 180 Alcohol Screening and Behavioral Counseling Interventions in Primary Care to Reduce Alcohol Misuse



CMS Resources

- Change Requests <u>Transmittals</u>
- MLN Matters® Articles
- MLN Products MLN Publications & Multimedia
 - Preventive Services Educational Products Web page
 - MLN Products Catalog
 - Web-based training



Change Requests

- CR 7633: Screening and Behavioral Counseling Interventions in Primary Care to Reduce Alcohol Misuse
- CR 7791: CWF Instructions for CR 7633





MLN Articles

- MM7633: Screening and Behavioral
 Counseling Interventions in Primary Care to Reduce Alcohol Misuse
- MM7791: CWF Instructions for CR 7633





For More Information

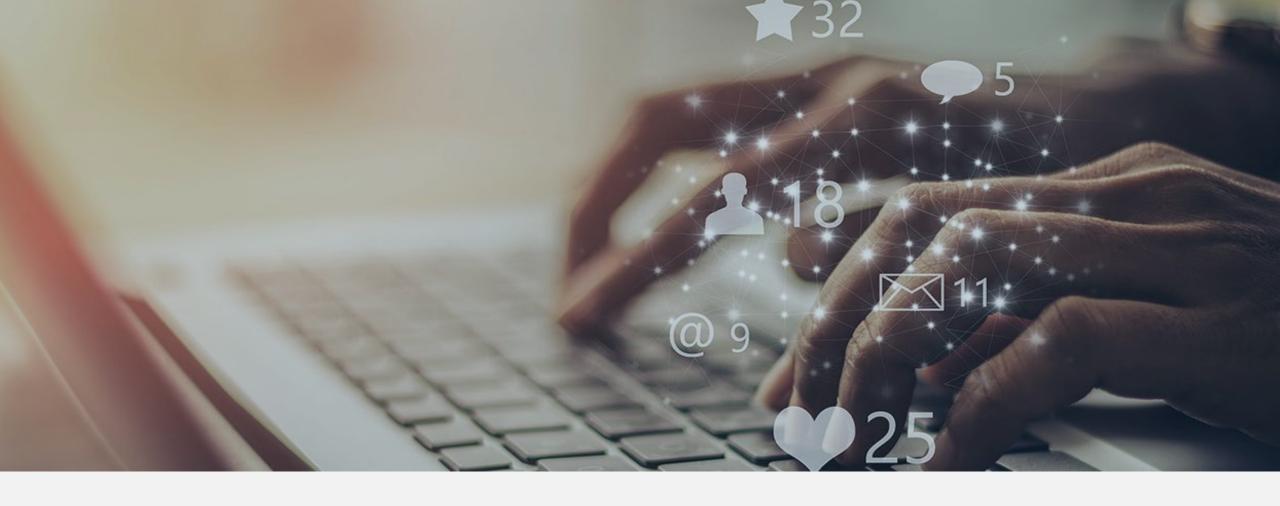
- USPSTF Recommendations
 - Unhealthy Alcohol Use in Adolescents and Adults: Screening and Behavioral Counseling Interventions
- National Institute on Alcohol Abuse and Alcoholism
 - Publications & Multimedia





Questions?

Thank you! A follow-up email will be sent to attendees with the Medicare University Course Code.







Text NEWS to 37702; Text GAMES to 37702





