

# What You Need to Know about Accreditation for Diabetes Self-Management Training

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# Today's Presenters

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# Objectives

- After the session, attendees will be able to
  - Understand Medicare coverage of Diabetes Self-Management Training
  - Understand the accreditation process for DSMT
  - Know where to find more information

# Agenda

- DSMT Overview
- DSMT Accreditation Process
  - ADA – American Diabetes Association
  - ADCES - Association of Diabetes Care & Education Specialists
- Questions and Answers

# DSMT Overview



# Qualified DSMT Program

- Includes the following services
  - Instruction in self-monitoring of blood glucose
  - Benefits of blood sugar control along with risks of poor blood sugar control
  - Education about diet and exercise
  - Insulin treatment plan developed specifically for patient
  - Motivation for beneficiaries to use self-management skills
  - Behavior changes, goal setting, risk reduction, and problem solving
  - Family involvement and support
  - The use of the health care system and community resources



# Initial DSMT Training

- 12-month period following initial certification
  - Beneficiary has not previously received initial or follow-up training (G0108 or G0109)
  - Furnished within continuous 12-month period
  - Does not exceed total of ten hours
    - Any combination of 30-minute increments
  - Training usually furnished in group setting
    - Not all need to be Medicare beneficiaries
  - One hour of individual training may be used for any part, including insulin training

# Individual DSMT Training

- Allowable when
  - No group session available within two months of date training ordered
  - Patient has special needs resulting from conditions such as severe vision, hearing or language limitations, or other such special conditions that will hinder effective participation in group training session
  - Physician orders additional insulin training
  - Need for individual training identified by physician or qualified NPP in referral

# Follow-Up DSMT Training

- Based on 12-month calendar year after completion of full ten hours of initial training
- No more than two hours of individual or group training per year
  - Furnished in increments of no less than 30 minutes
  - Group training consists of two to 20 individuals
    - Not all need to be Medicare beneficiaries
- Documentation of diabetes diagnosis within patient's medical record by treating physician or NPP

# Follow-Up DSMT Training

- Follow-up training for subsequent years based on 12-month calendar year after completion of full ten hours of initial training
  - If beneficiary exhausts ten hours in initial year, eligible for follow-up training in next calendar year
  - If beneficiary does not exhaust ten hours in initial year, has 12 continuous months to exhaust initial training before two hours of follow-up training available

# Telehealth

- All diabetes self-management training services are payable via telehealth
- During the PHE for COVID-19, these telehealth services are among those that may be furnished via audio-only telecommunications technology (audio-video technology is not required)

# Billing

- Procedure code
  - Applicable CPT codes
    - G0108: Diabetes outpatient self-management training services, individual, per 30 minutes
    - G0109: Diabetes outpatient self-management training services, group session (two or more), per 30 minutes
  - Bill one (1) unit per each 30-minute increment
- Diagnosis code
  - No specific diagnosis requirement - see the CMS ICD-10 web page for individual CRs and coding translations for ICD-10

# Who Can Bill for DSMT?



# Certified Provider

- Physician or other individual or entity that
  - Provides outpatient self-management training services as well as other items and services for which payment may be made under the Medicare Program
  - Meets certain quality standards
  - All providers/suppliers billing Medicare for other individual services considered certified
  - RNs and pharmacists can furnish the training; however, they are not eligible for Medicare enrollment, and must work with another certified provider to bill on his/her behalf



# Certified Provider

- Registered dietitians are eligible to bill on behalf of an entire DSMT program (must have a Medicare provider number – specialty 71)
  - A dietitian may not be the sole provider of the DSMT service
  - Rural areas – An individual who is qualified as a registered dietitian and as a certified diabetic educator who is currently certified by an organization approved by CMS may furnish training and is deemed to meet the multidisciplinary team requirement

# DSMT Program Accreditation



# Benefits of Accreditation

- To be able to bill Medicare for outpatient Diabetes Self-Management Training
- To put a structure around the services provided
- To market services as being of high quality and meeting national standards

# DSMT Program Accreditation

- Must be accredited as meeting quality standards by CMS approved national accreditation organization
  - American Diabetes Association
  - Association of Diabetes Care and Education Specialists
- Must submit accreditation certificate to local Medicare contractor's provider enrollment department

# NGS Provider Enrollment Department

- **JK: CT, ME, MA, NH, NY, RI, VT**

888-379-3807

Monday–Friday

8:00 a.m.–4:00 p.m.\* ET

- **J6: IL, MN, WI**

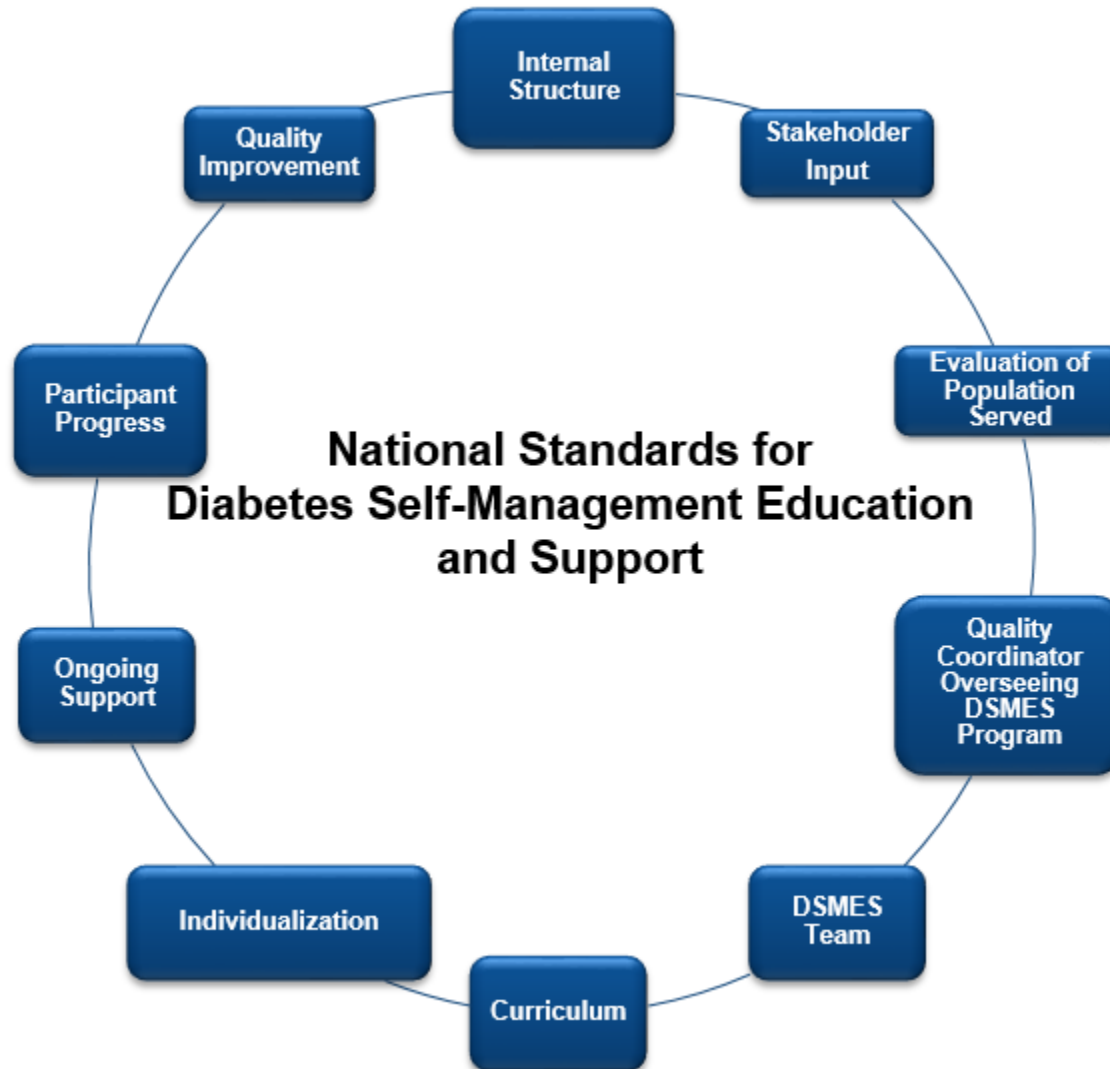
877-908-8476

Monday–Friday

8:00 a.m.–4:00 p.m.\* CT

\*Closed for training on the 2nd and 4th Friday of the month  
12:00- 4:00 p.m. ET, 11:00 a.m.–3:00 p.m. CT

# The National Standards for DSMES



# ADA Program Accreditation



# American Diabetes Association Education Recognition Program

- The entity must already supply Diabetes Self-Management Education and Support
  - At least one patient has completed the program through follow-up, and documentation for that patient is submitted
- You must contact the ERP to access the online application portal
- You may submit supporting documents online, by fax, or through mail
- Benefits of using the portal
  - The ERP team reviews the application and notifies the entity if you're approved
  - If not approved, the ERP member gives feedback on specific application recognition elements still needed



# ERP's Application Elements

- Online application can be submitted alone but supporting documents and payment must be submitted within two weeks of application submission
- Application review timeframe: about 30 days
- Entity must submit an Annual Status Report with application
- At least one participant must have completed DSMES program

# ADCES Program Accreditation



# Association of Diabetes Care & Education Specialists

- The entity must already supply Diabetes Self-Management Education and Support
- At least one patient has completed the program through follow-up, and documentation for that patient is submitted
- Must collect at least one clinical and one behavioral outcome measure to submit with application

# DEAP's Application Elements

- Online application must be completed within 90 days of starting process
- Application review timeframe: four to six weeks
- Entity must complete a telephone interview
- Entity must submit an Annual Status Report with initial application
- Also, 30 days before and 30 days after accreditation renewal

# Cost and Renewals



# DSMT In My Practice?

- Program Accreditation
  - Main Site
  - Branch Site
  - Community Site
  - Corporations and Large Organizations

# Accreditation Cost for DEAP and ERP

- The fee is the same for initial and renewal applications
  - \$1,100 for the main site, \$100 for each additional multi-site
  - Programs may add unlimited number of expansion sites with no additional fee
  - The application will calculate the fee based on the type of application you choose and/or the number of sites
  - You can contact ADCES (DEAP) and ADA (ERP) directly for questions regarding the fee for your organization

# Renewals for DEAP and ERP

## ■ Renewal Applications

- \$1,100 for the main site, \$100 for each additional multi-site
- Programs may add unlimited number of expansion sites with no additional fee
- The application will calculate the fee based on the type of application you choose and/or the number of sites



# Audits- Why?

- Medicare (CMS) requires the ADA and ADCES to audit 5% of approved entities, up to 70 annually
- If the entity refuses the onsite audit, accreditation will be withdrawn per CMS guidelines
- Medicare does not allow audit dates to be negotiated

# Reminders

- ADCES uses the term accreditation, while ADA uses the term recognition
- If anything changes during the accreditation period, make sure its updated
- Both organizations have marketing and educational materials available for accredited organizations

# ADA Accreditation Resources

- [ERP Audit Toolkit](#)
- [ERP Diabetes Education Program](#)
- [ERP Webinars](#)
- [National Standards for DSMES](#)

# ADCES Accreditation Resources

- [ADCES Guide to National Standards for DSMES](#)
- [ADCES Additional Sites Definitions](#)

# DSMES Accreditation References

- [CDC National Standards for DMES](#)
- [CMS DSMT Accreditation Information](#)

# DSMT Resources

- [CMS IOM, Publication 100-04, \*Medicare Claims Processing Manual\*, Chapter 18 - Preventive and Screening Services, Section 120](#)
- [CMS IOM, Publication 100-02, \*Medicare Benefit Policy Manual\*, Chapter 15 - Covered Medical and Other Health, Section 300](#)

# Resources

- MLN Matters® [MM11043: Revision of Definition of the Physician Supervision of Diagnostic Procedures, Clarification of DSMT Telehealth Services, and Establishing a Modifier for Expanding the Use of Telehealth for Individuals with Stroke](#)

# Billing Tips at Your Fingertips

## Quick Links

- Diabetes Self-Management Training
- MLN® Educational Tool: [Medicare Preventive Services](#)
- [Billing for telehealth during COVID-19](#)
- MLN® Booklet: [Telehealth Services](#)



# Provider Contacts for Diabetes Awareness

National Government Services, Inc. (NGS) has a dedicated team to help providers increase Diabetes Awareness for Medicare beneficiaries

## **NGS Provider Collaboration Managers**

Cheryl Papalia, RN, BSN

Sigena Simon

Contact us if you have any questions, or if you would like a webinar session for your practice

[NGSDiabetesAwareness@anthem.com](mailto:NGSDiabetesAwareness@anthem.com)

# Thank You!

- Follow-up email
  - Attendees will be provided a Medicare University Course Code
- Questions?

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