

# What You Need to Know about Accreditation for Diabetes Self-Management Training

12/9/2021



# Today's Presenters

- Cheryl Papalia, RN, BSN
  - Provider Collaboration Manager, Diabetes Education
- Sigena Simon
  - Provider Collaboration Manager, Diabetes Education

# Disclaimer

National Government Services, Inc. has produced this material as an informational reference for providers furnishing services in our contract jurisdiction. National Government Services employees, agents, and staff make no representation, warranty, or guarantee that this compilation of Medicare information is error-free and will bear no responsibility or liability for the results or consequences of the use of this material. Although every reasonable effort has been made to assure the accuracy of the information within these pages at the time of publication, the Medicare Program is constantly changing, and it is the responsibility of each provider to remain abreast of the Medicare Program requirements. Any regulations, policies and/or guidelines cited in this publication are subject to change without further notice. Current Medicare regulations can be found on the [CMS website](#).

# No Recording

- Attendees/providers are **never** permitted to record (tape record or **any** other method) our educational events
  - This applies to our websites, teleconferences, live events and any other type of National Government Services educational events

# Objectives

- After the session, attendees will be able to
  - Understand Medicare coverage of Diabetes Self-Management Training
  - Understand the accreditation process for DSMT
  - Know where to find more information

# Agenda

- DSMT Overview
- DSMT Accreditation Process
  - ADA – American Diabetes Association
  - ADCES - Association of Diabetes Care & Education Specialists
- Questions and Answers

# DSMT Overview



# Qualified DSMT Program

- Includes the following services
  - Instruction in self-monitoring of blood glucose
  - Benefits of blood sugar control along with risks of poor blood sugar control
  - Education about diet and exercise
  - Insulin treatment plan developed specifically for patient
  - Motivation for beneficiaries to use self-management skills
  - Behavior changes, goal setting, risk reduction, and problem solving
  - Family involvement and support
  - The use of the health care system and community resources



# Initial DSMT Training

- 12-month period following initial certification
  - Beneficiary has not previously received initial or follow-up training (G0108 or G0109)
  - Furnished within continuous 12-month period
  - Does not exceed total of ten hours
    - Any combination of 30-minute increments
  - Training usually furnished in group setting
    - Not all need to be Medicare beneficiaries
  - One hour of individual training may be used for any part, including insulin training

# Individual DSMT Training

- Allowable when
  - No group session available within two months of date training ordered
  - Patient has special needs resulting from conditions such as severe vision, hearing or language limitations, or other such special conditions that will hinder effective participation in group training session
  - Physician orders additional insulin training
  - Need for individual training identified by physician or qualified NPP in referral

# Follow-Up DSMT Training

- Based on 12-month calendar year after completion of full ten hours of initial training
- No more than two hours of individual or group training per year
  - Furnished in increments of no less than 30 minutes
  - Group training consists of two to 20 individuals
    - Not all need to be Medicare beneficiaries
- Documentation of diabetes diagnosis within patient's medical record by treating physician or NPP

# Follow-Up DSMT Training

- Follow-up training for subsequent years based on 12-month calendar year after completion of full ten hours of initial training
  - If beneficiary exhausts ten hours in initial year, eligible for follow-up training in next calendar year
  - If beneficiary does not exhaust ten hours in initial year, has 12 continuous months to exhaust initial training before two hours of follow-up training available

# Telehealth

- All diabetes self-management training services are payable via telehealth
- During the PHE for COVID-19, these telehealth services are among those that may be furnished via audio-only telecommunications technology (audio-video technology is not required)

# Billing

- Procedure code
  - Applicable CPT codes
    - G0108: Diabetes outpatient self-management training services, individual, per 30 minutes
    - G0109: Diabetes outpatient self-management training services, group session (two or more), per 30 minutes
  - Bill one (1) unit per each 30-minute increment
- Diagnosis code
  - No specific diagnosis requirement - see the CMS ICD-10 web page for individual CRs and coding translations for ICD-10

# Who Can Bill for DSMT?



# Certified Provider

- Physician or other individual or entity that
  - Provides outpatient self-management training services as well as other items and services for which payment may be made under the Medicare Program
  - Meets certain quality standards
  - All providers/suppliers billing Medicare for other individual services considered certified
  - RNs and pharmacists can furnish the training; however, they are not eligible for Medicare enrollment, and must work with another certified provider to bill on his/her behalf



# Certified Provider

- Registered dietitians are eligible to bill on behalf of an entire DSMT program (must have a Medicare provider number – specialty 71)
  - A dietitian may not be the sole provider of the DSMT service
  - Rural areas – An individual who is qualified as a registered dietitian and as a certified diabetic educator who is currently certified by an organization approved by CMS may furnish training and is deemed to meet the multidisciplinary team requirement

# DSMT Program Accreditation



# Benefits of Accreditation

- To be able to bill Medicare for outpatient Diabetes Self-Management Training
- To put a structure around the services provided
- To market services as being of high quality and meeting national standards

# DSMT Program Accreditation

- Must be accredited as meeting quality standards by CMS approved national accreditation organization
  - American Diabetes Association
  - Association of Diabetes Care and Education Specialists
- Must submit accreditation certificate to local Medicare contractor's provider enrollment department

# NGS Provider Enrollment Department

- **JK: CT, ME, MA, NH, NY, RI, VT**

888-379-3807

Monday–Friday

8:00 a.m.–4:00 p.m.\* ET

- **J6: IL, MN, WI**

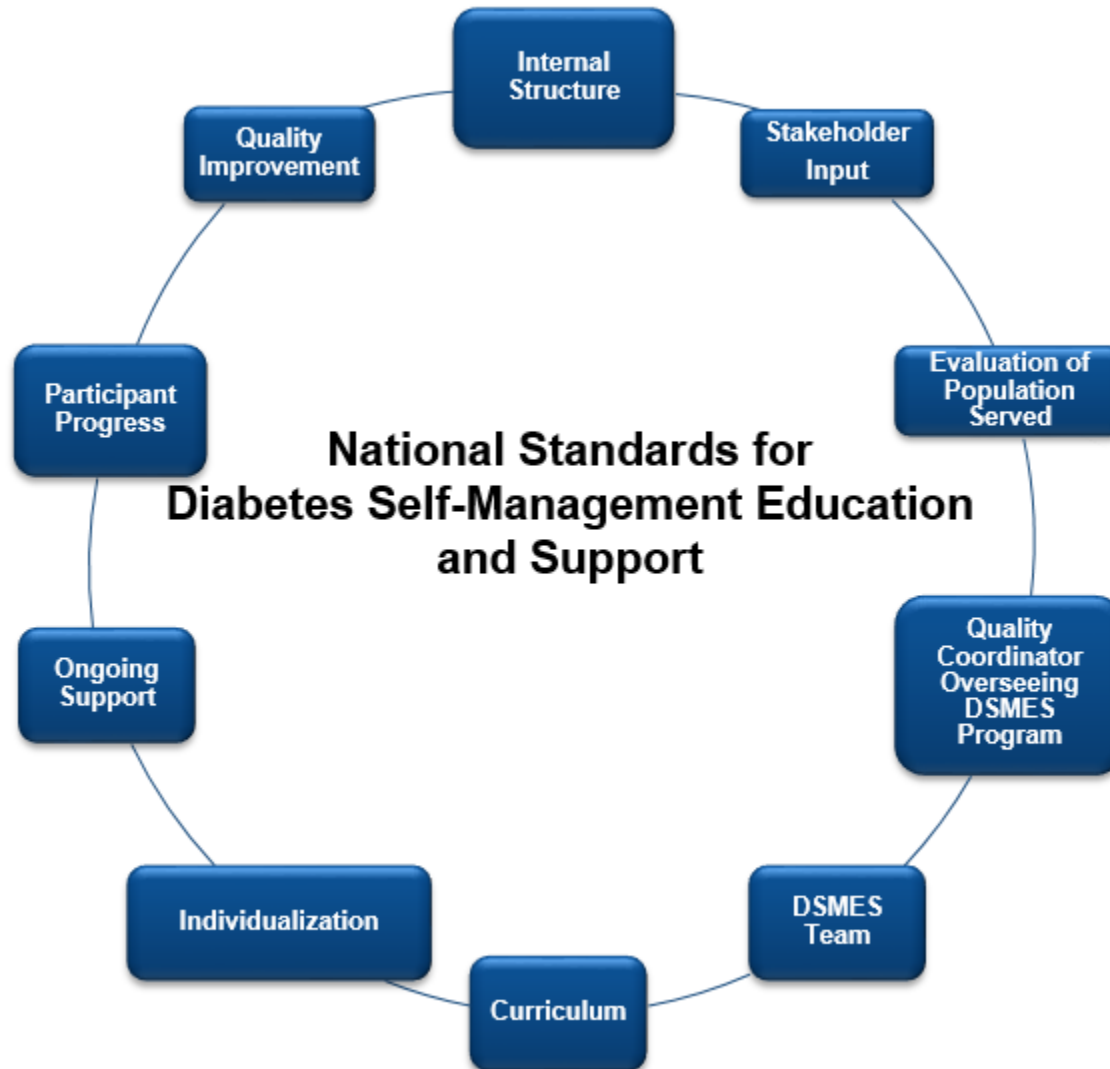
877-908-8476

Monday–Friday

8:00 a.m.–4:00 p.m.\* CT

\*Closed for training on the 2nd and 4th Friday of the month  
12:00- 4:00 p.m. ET, 11:00 a.m.–3:00 p.m. CT

# The National Standards for DSMES



# ADA Program Accreditation



# American Diabetes Association Education Recognition Program

- The entity must already supply Diabetes Self-Management Education and Support
  - At least one patient has completed the program through follow-up, and documentation for that patient is submitted
- You must contact the ERP to access the online application portal
- You may submit supporting documents online, by fax, or through mail
- Benefits of using the portal
  - The ERP team reviews the application and notifies the entity if you're approved
  - If not approved, the ERP member gives feedback on specific application recognition elements still needed



# ERP's Application Elements

- Online application can be submitted alone but supporting documents and payment must be submitted within two weeks of application submission
- Application review timeframe: about 30 days
- Entity must submit an Annual Status Report with application
- At least one participant must have completed DSMES program

# ADCES Program Accreditation



# Association of Diabetes Care & Education Specialists

- The entity must already supply Diabetes Self-Management Education and Support
- At least one patient has completed the program through follow-up, and documentation for that patient is submitted
- Must collect at least one clinical and one behavioral outcome measure to submit with application

# DEAP's Application Elements

- Online application must be completed within 90 days of starting process
- Application review timeframe: four to six weeks
- Entity must complete a telephone interview
- Entity must submit an Annual Status Report with initial application
- Also, 30 days before and 30 days after accreditation renewal

# Cost and Renewals



# DSMT In My Practice?

- Program Accreditation
  - Main Site
  - Branch Site
  - Community Site
  - Corporations and Large Organizations

# Accreditation Cost for DEAP and ERP

- The fee is the same for initial and renewal applications
  - \$1,100 for the main site, \$100 for each additional multi-site
  - Programs may add unlimited number of expansion sites with no additional fee
  - The application will calculate the fee based on the type of application you choose and/or the number of sites
  - You can contact ADCES (DEAP) and ADA (ERP) directly for questions regarding the fee for your organization

# Renewals for DEAP and ERP

## ■ Renewal Applications

- \$1,100 for the main site, \$100 for each additional multi-site
- Programs may add unlimited number of expansion sites with no additional fee
- The application will calculate the fee based on the type of application you choose and/or the number of sites



# Audits- Why?

- Medicare (CMS) requires the ADA and ADCES to audit 5% of approved entities, up to 70 annually
- If the entity refuses the onsite audit, accreditation will be withdrawn per CMS guidelines
- Medicare does not allow audit dates to be negotiated

# Reminders

- ADCES uses the term accreditation, while ADA uses the term recognition
- If anything changes during the accreditation period, make sure its updated
- Both organizations have marketing and educational materials available for accredited organizations

# ADA Accreditation Resources

- [ERP Audit Toolkit](#)
- [ERP Diabetes Education Program](#)
- [ERP Webinars](#)
- [National Standards for DSMES](#)

# ADCES Accreditation Resources

- [ADCES Guide to National Standards for DSMES](#)
- [ADCES Additional Sites Definitions](#)

# DSMES Accreditation References

- [CDC National Standards for DMES](#)
- [CMS DSMT Accreditation Information](#)

# DSMT Resources

- [CMS IOM, Publication 100-04, \*Medicare Claims Processing Manual\*, Chapter 18 - Preventive and Screening Services, Section 120](#)
- [CMS IOM, Publication 100-02, \*Medicare Benefit Policy Manual\*, Chapter 15 - Covered Medical and Other Health, Section 300](#)

# Resources

- MLN Matters® [MM11043: Revision of Definition of the Physician Supervision of Diagnostic Procedures, Clarification of DSMT Telehealth Services, and Establishing a Modifier for Expanding the Use of Telehealth for Individuals with Stroke](#)

# Billing Tips at Your Fingertips

## Quick Links

- Diabetes Self-Management Training
- MLN® Educational Tool: [Medicare Preventive Services](#)
- [Billing for telehealth during COVID-19](#)
- MLN® Booklet: [Telehealth Services](#)



# Provider Contacts for Diabetes Awareness

National Government Services, Inc. (NGS) has a dedicated team to help providers increase Diabetes Awareness for Medicare beneficiaries

## **NGS Provider Collaboration Managers**

Cheryl Papalia, RN, BSN

Sigena Simon

Contact us if you have any questions, or if you would like a webinar session for your practice

[NGSDiabetesAwareness@anthem.com](mailto:NGSDiabetesAwareness@anthem.com)

# Thank You!

- Follow-up email
  - Attendees will be provided a Medicare University Course Code
- Questions?

We're on Twitter!



@NGSMedicare

[Follow us](#)