

# Cardiovascular Screening Blood Tests and Intensive Behavioral Therapy for Cardiovascular Disease

2/16/2022

# Agenda

- Overview of Medicare's preventive services program
- Cardiovascular screening blood tests
- IBT for CVD
- Resources and references
- Questions and answers

# Objective

- After this session, attendees will be able to:
  - Understand the Medicare coverage and billing guidelines for cardiovascular screening blood tests and IBT for CVD
  - Encourage and educate beneficiaries to take advantage of life-saving preventive services and screenings
  - Avoid claim denials by billing correctly and properly documenting services



# Today's Presenters

- Andrea Freibauer
  - Provider Outreach and Education Consultant
- Jhadi Grace
  - Provider Outreach and Education Consultant

# Disclaimer

National Government Services, Inc. has produced this material as an informational reference for providers furnishing services in our contract jurisdiction. National Government Services employees, agents and staff make no representation, warranty, or guarantee that this compilation of Medicare information is error-free and will bear no responsibility or liability for the results or consequences of the use of this material. Although every reasonable effort has been made to assure the accuracy of the information within these pages at the time of publication, the Medicare Program is constantly changing and it is the responsibility of each provider to remain abreast of the Medicare Program requirements. Any regulations, policies and/or guidelines cited in this publication are subject to change without further notice. Current Medicare regulations can be found on the [CMS website](#).

# No Recording

- Attendees/providers are **never** permitted to record (tape record or **any** other method) our educational events
- This applies to our webinars, teleconferences, live events and any other type of National Government Services educational events

# Did You Know...

- A beneficiary must be enrolled in Medicare Part B in order to be covered for any Medicare preventive services

# Preventive Services Overview

- Medicare pays for many preventive benefits
- Preventive services support the health of Medicare beneficiaries by:
  - Educating about potentially life-saving services and screenings
  - Early detection and/or prevention of diseases
  - Assisting with/suggesting lifestyle modifications



# Polling Question #1

- What is your role in the Medicare Program for your facility?
  - Biller
  - Clinician
  - Intake/admissions
  - Compliance
  - Administrator

# Polling Question #2

- How experienced are you with documenting and/or billing Medicare preventive services?
  - This is all new to me!
  - I am semi-comfortable but ready to learn more
  - I am pretty comfortable but will benefit from session as a refresher course

# Cardiovascular Disease (CVD) Screening Blood Tests

# Types of CVD

- Hypertension
- Coronary heart disease
- Congestive heart failure
- Stroke
- Congenital cardiovascular defects
- Hardening of the arteries

# Background

- Sections 612 of the MMA provides coverage of specific cardiovascular screening blood tests
  - Effective for DOS on/after 1/1/2005

# Benefits of Cardiovascular Screening Blood Tests

- Early detection of CVD
- Determination of beneficiary's cholesterol and other blood lipid levels

# CVD Risk Factors

- Diabetes
- Family history of cardiovascular disease
- Diets high in saturated fats, cholesterol, and salt or sodium
- History of previous heart disease
- Hypercholesterolemia (high cholesterol)
- Hypertension

# CVD Risk Factors

- Lack of exercise
- Obesity
- Excessive alcohol use
- Smoking
- Stress



# Who Is Covered

- Beneficiary with no apparent signs or symptoms of CVD
  - Asymptomatic
  - Not necessary to have risk factor

# CVD Screening Blood Tests

- Total cholesterol test
- Cholesterol test for HDL
- Triglycerides test
  - Beneficiary must fast for 12 hours prior to testing

# Frequency of Cardiovascular Screening Blood Test Benefit

- Every five years
  - At least 59 months have passed since last screening tests
  - Regardless of whether test provided in a panel or separately

# Who Can Perform

- Physician
- Qualified NPP
  - NP
  - PA
  - CNS

# Documentation

- Tests ordered by physician or qualified NPP
- Asymptomatic beneficiary
- Beneficiary fasted for 12 hours prior to testing
- Frequency guidelines met
- Appropriate supporting procedure, diagnosis codes

# Billing Requirements

- Report appropriate diagnosis code
- Line item billing for CVD screening
  - Revenue code 030X/031X
  - Appropriate CPT code
  - One (1) unit

# Diagnosis Codes

| ICD-10-CM | Description  |
|-----------|--|
| Z13.6     | Encounter for screening for cardiovascular disease |

# CPT Codes

| Coding   | Description                                      |
|----------|--|
| 80061    | Lipid Panel (must include 82465, 83718, & 84478) |
| 82465 QW | Cholesterol, serum or whole blood, total         |
| 83718 QW | Lipoprotein, direct measurement; HDL cholesterol |
| 84478 QW | Triglycerides                                    |



# Modifier QW

- Ensures Medicare payment for lab test categorized as waived complexity under CLIA
  - FDA determines which lab tests are waived
- Modifier QW submitted in first modifier field

# Type of Bills (TOBs)

| Facility Type  | TOB |
|--|-----|
| Hospital inpatient Part B, including CAH                 | 12X |
| Hospital outpatient                                      | 13X |
| Hospital non-patient laboratory specimens, including CAH | 14X |
| SNF inpatient part B                                     | 22X |
| SNF outpatient   | 23X |
| FQHC*  | 77X |
| CAH outpatient   | 85X |

# Billing/Reimbursement for FQHCs

- CVD screening does not qualify as stand-alone billable encounter
  - Report screening as incident to billable encounter
  - If only service performed on DOS, do not submit claim
- Reimbursement included in PPS payment

# Reimbursement

| Facility Type  | Reimbursement  |
|--|--|
| Hospital: inpatient, including CAH; outpatient; nonpatient laboratory specimens, including CAH | Clinical Laboratory Fee Schedule   |
| SNF: inpatient; outpatient   | Clinical Laboratory Fee Schedule   |
| CAH outpatient, Method I   | 101% of reasonable cost for TC   |
| CAH outpatient, Method II  | 101% of reasonable cost for TC, plus 115% of MPFS non-facility rate for PC |
| FQHC   | Included in PPS  |

# Beneficiary Cost-Sharing

- Affordable Care Act Section 4104
  - Deductible waived
  - Coinsurance/copayment waived

IP-REC CN

NM XXXXXX

IT J

DB 08161391

SX F

INT 13201

| PREVENTIVE SERVICE | TECH DTE | PROF DTE | PREVENTIVE SERVICE   | TECH DTE | PROF DTE |
|--------------------|----------|----------|----------------------|----------|----------|
|                    | MMDDCCYY | MMDDCCYY |                      | MMDDCCYY | MMDDCCYY |
| CARDIOVASC (80061) | 01012005 | 01012005 | PCB EXAM (G0101)     | 07012001 | 07012001 |
| CARDIOVASC (82465) | 01012005 | 01012005 | PV 90732,90669,90670 | VACCINTD | VACCINTD |
| CARDIOVASC (82718) | 01012005 | 01012005 | PROSTATE (G0102)     | GDRNOELG | GDRNOELG |
| CARDIOVASC (84478) | 01012005 | 01012005 | PROSTATE (G0103)     | GDRNOELG | GDRNOELG |
| COLORECTAL (G0104) | 01011998 | 01011998 | PAP TEST (Q0091)     | 07012005 | 07012005 |
| COLORECTAL (G0105) | 01011998 | 01011998 | DIABETES (82947)     | 05012012 | 01012005 |
| COLORECTAL (G0106) | 01011998 | 01011998 | DIABETES (82950)     | 01012005 | 01012005 |
| COLORECTAL (G0120) | 01011998 | 01011998 | DIABETES (82951)     | 01012005 | 01012005 |
| COLORECTAL (G0121) | 07012001 | 07012001 | GLAU (G0117,G0118)   | 01012002 | 01012002 |
| FOB TEST (G0107)   | 01011998 | 01011998 | MAMM (G0202,G0203)   | 04012001 | 08012002 |
| FOB TEST (G0328)   | 01012004 | 01012004 | MAMM (76092)         | 01011998 | 08012002 |
| FOB TEST (82270)   | 01012007 | 01012007 | MAMM (77057)         | 01012007 | 01012007 |
| IPP EXAM (G0344)   | SRVNOELG | SRVNOELG | PAPT (P3000,G0123,   | 07012001 | 07012001 |
| IPP EXAM (G0366)   | SRVNOELG | SRVNOELG | G0143,G0144,         |          |          |
| IPP EXAM (G0367)   | SRVNOELG | 00000000 | G0145,G0147,         |          |          |
| IPP EXAM (G0368)   | 00000000 | SRVNOELG | G0148)               |          |          |

# Why Cardiovascular Screening Claims Are Denied

- Invalid/insufficient documentation
- Service provided more than once in a 60-month period
  - CARC 119/RARC N362

# IBT for CVD



# Background

- Coverage of IBT for CVD effective for DOS on/after 11/8/2011
  - Also referred to as a CVD risk reduction visit

# Three Components of IBT for CVD

- Encouraging use of aspirin for CVD prevention when benefits outweigh risks
  - Men aged 45-79
  - Women aged 55-79
- Screening for high blood pressure
  - Adults over 18 years of age
- Intensive counseling to promote healthy diet for people with risk factors

# “5A” Approach

- Assess behavioral health risks
- Advice about behavior changes
- Agree with appropriate treatment goals and methods
- Assist in achieving goals
- Arrange ongoing support, adjustment to treatment plan

# Who is Covered

- Beneficiary competent and alert at time of service
- Provided in primary care setting

# Primary Care Settings

- Physician's offices
- Outpatient hospital
- Independent clinic
- State or local public health clinic

# Who Can Perform

- Primary care physician
- Primary care practitioner
  - NP
  - CNS
  - PA

# Frequency of IBT for CVD

- Annual benefit
  - At least 11 full months have passed

# Documentation

- Qualified physician performed IBT
- Qualified primary care setting
- Frequency requirements met



# Billing Requirements

- Report appropriate diagnosis code
  - No specific diagnosis code listed
- Line item billing for IBT for CVD
  - Appropriate revenue code
  - HCPCS code G0446
    - Intensive behavioral therapy to reduce cardiovascular disease risk, individual, face-to-face, annual, 15 minutes
  - One (1) unit

# TOBs

| Facility Type       | TOB |
|---------------------|-----|
| Hospital outpatient | 13X |
| RHC*                | 71X |
| FQHC*               | 77X |
| CAH                 | 85X |

# Billing/Reimbursement for RHCs/FQHCs

- IBT for CVD does not qualify as stand-alone billable encounter
  - Report screening as incident to billable encounter
  - If only service performed on DOS, do not submit claim
- Reimbursement included in AIR/PPS payment

# Payment

| Facility Type       | Payment  |
|---------------------|--|
| Hospital outpatient | OPPS   |
| RHC                 | Included in AIR  |
| FQHC                | Included in PPS  |
| CAH Method I        | 101% of reasonable cost for TC   |
| CAH Method II       | 101% of reasonable cost for TC,<br>plus 115% of MPFS non-facility<br>rate for PC |

# Beneficiary Cost-Sharing

- Affordable Care Act Section 4104
  - Deductible waived
  - Coinsurance/copayment waived

# Why IBT for CVD Claims Are Denied

- Service was rendered in inappropriate setting
  - CARC 58, RARC N428
- Provider not eligible to perform service billed
  - CARC 185, RARC N95
- Service provided more than once in a 12-month period
  - CARC 119, RARC N362

IP-REC CN NM XXXXXX IT J DB 08161391 SX F INT 13201

ALCOHOL ABUSE: (G0442) NEXT ELIG PROF: 10/14/2011

REM

ALCOHOL SCREENING: (G0443) NEXT ELIG PROF: SVCNOELG

00

ADULT DEPRESSION: (G0444) NEXT ELIG TECH: 10/14/2011

NEXT ELIG PROF: 10/14/2011

IBT FOR CVD: (G0446) NEXT ELIG TECH: 11/08/2011

NEXT ELIG PROF: 11/08/2011

REM

OBESITY: (G0447) NEXT ELIG TECH: 11/29/2011 22

NEXT ELIG PROF: 11/29/2011 22

OBESITY: (G0473) NEXT ELIG TECH: 01/01/2015 22

NEXT ELIG PROF: 01/01/2015 22

# What You Should Do Now...

- Share this presentation with internal staff members
- Talk to your patients about the importance of taking advantage of Medicare preventive services
- Update system with correct coding information
- Update any internal procedure to avoid costly, time-consuming claim errors



# References, Resources and Wrap Up

# Resources

- [Preventive Services Interactive Tool](#)
- [MLN Article MM3411, “MMA-Cardiovascular Screening Blood Tests”](#)

# Resources

- [CMS IOM Publication 100-03, \*National Coverage Determinations \(NCD\) Manual\*, Section 210.11 – Intensive Behavioral Therapy for Cardiovascular Disease \(CVD\)](#)
- [CMS IOM Publication 100-04, \*Medicare Claims Processing Manual\*, Chapter 18 – Preventive and Screening Services](#)
  - Section 100, Cardiovascular Disease Screening
  - Section 160, Intensive Behavioral Therapy (IBT) for CVD

# Thank You!

- Follow-up email
  - Attendees will be provided a Medicare University Course Code
- Questions?

